

Pride Basket 2024 Nutritional Info

NAME	Energy Value (kcal)		Fat (g)		Sat.fats (g)		Carbohydrate (g)		Tot.Sugar (g)		Dietary Fibre (g)		Protein (g)		Salt (g)	
	portion	100g	portion	100g	portion	100g	portion	100g	portion	100g	portion	100g	portion	100g	portion	100g
PRIDE BASKET																
chicken truffle gyoza	45.9	170	1.2	4.5	0.6	2.1	6.5	24	0.9	3.5	0.5	2	2.0	7.5	0.26	0.95
spinach and mushroom griddled dumpling vg	45.9	170	1.1	4	0.2	0.6	7.0	26	1.5	5.5	0.9	3.4	1.6	5.8	0.30	1.1
mushroom leek dumpling vg gf	34.3	126.9	1.1	4.2	0.2	0.6	5.8	21.4	0.5	1.7	0.2	0.6	0.2	0.9	0.11	0.4
seafood gyoza	44.0	176	1.4	5.5	0.2	0.8	5.8	23	1.0	4	0.3	1.1	2.1	8.4	0.25	1
chilli beef gyoza	52.0	192.7	2.4	8.8	6.6	24.4	0.3	1.2	1.8	6.7	0.7	2.5	0.4	1.4	0.10	0.36
cruchy golden dumpling vg gf	33.9	125.4	0.2	0.6	5.7	21.1	1.1	4	1.2	4.3	0.2	0.6	0.3	1	0.35	1.3